

# How to Sync Custom Fields in Asana

Last Modified on 10/03/2025 2:05 pm EDT

## How to Sync Custom Fields in Asana

This article describes how to synchronize custom fields between Asana and other systems.

**Custom Fields in Asana:** Asana supports text, number, date, single-select, multi-select, people, and currency custom field types. All types use the same synchronization syntax.

### Outgoing sync (Asana → Remote system)

To send custom fields from Asana to the remote system:

```
// Send all custom fields
replica.customFields = entity.customFields

// Or send specific custom fields
replica.customFields.Priority = entity.customFields.Priority
replica.customFields."Story Points" = entity.customFields."Story Points"
```

### Incoming sync (Remote system → Asana)

To receive custom fields from the remote system and set them in Asana:

```
// Text fields
entity.customFields."Text field".value = "Task details here"

// Number fields
entity.customFields."Story Points".value = 5

// Date fields (must use YYYY-MM-DD format)
entity.customFields."Project Start".value = "2025-12-31"

// Single-select fields
entity.customFields."Priority".value = "High"

// Multi-select fields (comma-separated)
entity.customFields."Skills".value = "JavaScript, Python"

// People fields (email addresses)
entity.customFields."Reviewer".value = "john.doe@company.com"
```

**Date Format:** Date custom fields must use YYYY-MM-DD format. Multi-select fields use comma-separated values. All values must match existing options in Asana.

## More information

- [How to Sync Tasks in Asana](#)
- [How to Sync Projects in Asana](#)

Product

[About Us](#) ?

- [Asana Fields and Entities Available for Synchronization](#)

[Glossary](#) 

[API Reference](#) 

Have more questions? [Ask the community](#)

[Security](#) 

[Pricing and Licensing](#) 

#### Resources

[Subscribe for a weekly Exalate hack](#) 

[Academy](#) 

[Blog](#) 

[YouTube Channel](#) 

[Ebooks](#) 

#### Still need help?

[Join our Community](#) 

[Visit our Service Desk](#) 

[Find a Partner](#) 